Participants/Programs Represented:
Building Futures, AHS, Union City Youth & Family Services, Eden I&R/211, LifeLong Medical, City of Oakland HSD, Alameda County SSA/AAS, Women’s Daytime Drop-In Center, First Pres Church of Hayward, South Hayward Parish, Abode Services, Odessa Caton Family Education and Resources Center w/MHAAC, City of Hayward, FPCH Neighbors in Need, Alameda County HCD, HCEB, Union City Family Center/NHUSD, St. Mary’s Center, Swords to Plowshares, Supervisor Haggerty’s Office, CHC, Oakland Dream Center, FESCO/La Familia

1. **Introduction:** This is the 25th weekly call hosted by the Alameda County Health Care for the Homeless program. Calls will be **every Wednesday at 10:30am-11:30am on Zoom.**

   - Thank you for all your hard work! This is a marathon not a sprint, so take care of you so that we can continue to support our shelter community and those who are unhoused.
   - The purpose of this call is to bring together countywide shelter providers to share updates, knowledge, practices, build supportive community, and develop effective responses to protect our health and the health of the persons living in our shelter environments.
   - To be added to the email list, contact Kathy Barron at kathryn.barron@acgov.org.
   - If shelter staff have specific issues or challenges with individuals who may be symptomatic, infected or at-risk of COVID-19, email achch@acgov.org with details so we can follow up.

2. **Grounding Exercise:**
   Breathing exercise- breathe in for 4 seconds, hold for 1 second, breathe out for 5 seconds. Repeat. Breathe in positive things you have been observing/experiencing. Breathe out negativity/stress.

3. **Situation Report:**
   
   **David Modersbach, Health Care for the Homeless**
   - Refer to [Alameda County COVID-19 Dashboards](https://www.achch.org)
   - **Countywide totals as of August 26th:** 17,275 confirmed cases, 240 deaths
   - Cooling and Clean Air Centers: It’s been complicated to open centers during COVID-19. Please visit our website: [https://www.achch.org/heat-emergency-resources.html](https://www.achch.org/heat-emergency-resources.html)
• Air quality: ACHCH will be distributing N95 masks to be handed out at encampments. Visit our website: https://www.achch.org/air-quality-emergency-resources.html
• Transmission continues to disproportionately impact communities of color
• Highest rates of getting the infection in Hispanic/Latinx communities
• Highest rates of death from infection in Black/African American communities

Looking at other counties, we have a considerably low rate of outbreaks in shelters. Testament to all of the hard work you are doing. Appreciate all of you and your creativity to support the unhoused community. Please continue to remind residents to wear a mask, wash hands, and practice social distancing.

ACHCH is still distributing supplies for shelters and outreach providers. Contact David or Kari if you need supplies.

4. City and County Check-in:

Heather McDonald-Fine, Alameda Health System
• Testing 350 people per week, to-date over 7,700; Inpatient count: 38 people.
• AHS has a workforce of 3500 people; 69 people have tested positive for COVID-19 (due to community spread/life outside of work).
• Mobile Health Clinic – schedule fluctuates continuously, we want to fill in where we are needed. AHS added a couple of sites - HomeBase, First Pres Church, and Days Inn. Schedule is located on AHS and ACHCH websites. If you see a need to have mobile health clinic at your shelter, please contact Heather at hmacdonald@alamedahealthsystem.org.

Talia Ruben, City of Oakland
• Reminder: still space available in shelters so please continue to refer people. Please contact Talia with questions.
• World Central Kitchen will continue meals through to the end of October. Currently distributing 18,000 meals a week (street based and shelter outreach).

Jessica Lobedan, City of Hayward
• We are coordinating the distribution of over 1,000 N95 masks to the Hayward community.

Dr. Harrison Alter, ACHCH Interim Medical Director
• Face shields: If you are working closely with other people, it would beneficial to wear a face shield. They are reusable and easy to clean with an alcohol wipe. The face shields do create another barrier between you and the people you are communicating with. I recommend you wear one and may make it policy for some of our teams.
Kari Jennings-Parriott, Health Care for the Homeless

- If you need face shields, please order from your city’s EOC (first).
- If you’re unable to get face shields, please set up a time with Kari to pick them up at the ACHCH office.
- Please remind residents that when they are not in the shelter to have hand sanitizer handy, wear a mask at all times, and social distance. Please show them the proper way to take on/off a mask.
- Frontline Workers Counseling Project; fwcp.org

5. Highlights:

- Continue to stay vigilant.
- Reach out to your community for resources you need.
- ACHCH is still distributing supplies (i.e. thermometers, masks, hand sanitizer). Contact David Modersbach (David.modersbach@acgov.org) or Kari Jennings-Parriott (kari.jenningsparriott@acgov.org) if supplies are needed.
- Prepare your staff and residents in case of an outbreak to ease stress and anxiety.
- Respond quickly and utilize the county systems to support you.
- Order N95 masks with your city’s EOC or contact Kari to pick up from ACHCH office.

6. Q&A:

- Should you wear a face shield during wellness checks?
  o Yes. Whenever in contact with residents.

- How should you store face shields after use?
  o Clean with alcohol wipe, put in clean/clear plastic bag, clean again before putting on

Thank you all! Remember all of the successes you and your staff are accomplishing! Be compassionate in your care for yourself and others!

Weekly Shelter Provider COVID Zoom Call #25
Wednesday, August 26, 2020; 10:30am-11:30am
More information: achch.org