Participants/Programs Represented:
Building Futures, Dorothy Day House, HCSA, AHS, Eden I&R/211, ACBH, Alameda County SSA, City of Emeryville, Abode Services, HCEB, EOCP, Tri Valley Haven, CHC, Fred Finch Youth & Family Services, Oakland Dream Center, CityTeam, Operation Dignity, FESCO/La Familia

1. **Introduction:** This is the 27th weekly call hosted by the Alameda County Health Care for the Homeless program. Calls will be **every Wednesday at 10:30am-11:30am on Zoom.**

   - Thank you for all your hard work! This is a marathon not a sprint, so take care of you so that we can continue to support our shelter community and those who are unhoused.
   - The purpose of this call is to bring together countywide shelter providers to share updates, knowledge, practices, build supportive community, and develop effective responses to protect our health and the health of the persons living in our shelter environments.
   - To be added to the email list, contact Kathy Barron at kathryn.barron@acgov.org.
   - If shelter staff have specific issues or challenges with individuals who may be symptomatic, infected or at-risk of COVID-19, email achch@acgov.org with details so we can follow up.

2. **Grounding Exercise:**
   Breathing exercise- breathe in for 4 seconds, hold for 1 second, breathe out for 5 seconds. Repeat. Breathe in positive things you have been observing/experiencing. Breathe out negativity/stress.

3. **Situation Report:**

   **David Modersbach, Health Care for the Homeless**
   - Refer to [Alameda County COVID-19 Dashboards](#)
     - Countywide totals as of 9/9/2020: 19,496 confirmed cases, 303 deaths
     - Alameda County is giving 3,500 tests per day
     - Positivity rate 5.2%
     - 132 case investigators; 31 CBOs for contact tracing
     - 130 people confirmed positive; 66 sheltered, 64 unsheltered
   ACHCH:
     - Outreach response: 49 different shelter or street sites
     - 1500 tests given; positivity rate for homeless is a little over 3%
• Check Alameda County Public Health website for testing sites; [https://covid-19.acgov.org/testing.page](https://covid-19.acgov.org/testing.page)
• Roots Community Health Center; every Tuesday at 10am gives a 15-minute briefing on YouTube.
• Air quality: ACHCH will be distributing N95 masks to be handed out at encampments. Visit our website: [https://www.achch.org/air-quality-emergency-resources.html](https://www.achch.org/air-quality-emergency-resources.html)
• Transmission continues to disproportionately impact communities of color
• ACHCH is still distributing supplies for shelters and outreach providers. Contact David or Kari if you need supplies.

Looking at other counties, we have a considerably low rate of outbreaks in shelters. Testament to all of the hard work you are doing. Appreciate all of you and your creativity to support the unhoused community. Please continue to remind residents to wear a mask, wash hands, and practice social distancing.

4. City and County Check-in:

**Heather McDonald-Fine, Alameda Health System**

- 23 in patient patients
- 8,573 patients tested; 250-300/week, alameda county testing services – not able to do in house testing right now.
- Work force Positivity Rate: 1.3% of workforce has been tested positive for COVID (due to community spread)
- Mobile health clinic: go to website for most up-to-date calendar

**Emi Theriault, City of Emeryville**

- Increased encampment near Shellmound in Berkeley for sanitation purposes
- Conversion over to Operation Dignity.
- Need gloves and N95 masks

**Josh Thurman, City of Livermore**

- Debris removal at creek encampment; partnership with Zone 7, public works, CalTrans
- Distributed masks and continue to do food programs, laundry services, and showers.
- Opened cooling centers
Kari Jennings-Parriott, Health Care for the Homeless

- Frontline Workers Counseling Project; [www.fwcp.org](http://www.fwcp.org)
- Scenario re: positive result at shelter; what comes into your head?
  - Tend to think our family or friends are safe
  - Don’t want to offend our coworkers
  - How do we stay vigilant with being around people?
  - Have a discussion with your staff; having a false sense of security or letting down their guard
- We have face shields. If you need supplies, please email Kari or David.

5. Highlights:

- Roots Community Health Center; every Tuesday at 10am gives a 15-minute briefing on YouTube.
- Prepare your staff and residents in case of an outbreak to ease stress and anxiety.
- Respond quickly and utilize the county systems to support you.
- Continue to stay vigilant.
- Reach out to your community for resources you need.

Thank you all! Remember all of the successes you and your staff are accomplishing! Be compassionate in your care for yourself and others!