

Alameda County Health Care for the Homeless  
Weekly Homeless Provider COVID-19 Community Call  
**Wednesday, September 14, 2022**  
**10:30am-11:30am**

**77 Participants & Following Programs Represented:**

HEPPAC, Operation Dignity, St. Mary's Center, South Hayward Parish, Abode Services, Dorothy Day House, Swords to Plowshares, Tri-Valley Haven, HCEB, HAC, FESCO/La Familia, City of Union City, Berkeley Mental Health, Oakland Fire Dept, BACS, BACH, BMH, Cherry Hill, Bay Area Legal Aid, Building Futures, City of Fremont, WORLD, Manna-Roof, LifeLong Medical

1. **Introduction:** This is the weekly homeless provider community call hosted by the Alameda County Health Care for the Homeless program. Calls will be **every Wednesday at 10:30am-11:30am on Zoom** (except for the fourth Wednesday of the month when we have our monthly trainings).
  - The purpose of this call is to bring together countywide shelter and outreach providers to share updates, knowledge, practices, build supportive community, and develop effective responses to protect our health and the health of the persons living in our sheltered and unsheltered environments.
  - If you have specific issues or challenges with individuals who may be symptomatic, infected, or at-risk of COVID-19, email [achch@acgov.org](mailto:achch@acgov.org) with details so we can follow up.

2. **Situation Report:**

**ACHCH & Alameda County COVID-19 Stats:**

- Countywide totals as of 09/14/2022: Cases: 348,648; Deaths: 2,047
- **ACHCH:** Active Outbreaks: 8 shelter sites; 0 street sites
- **Testing:** Check [Alameda County Public Health website](#) for testing sites; reach out to [achch@acgov.org](mailto:achch@acgov.org) for test kit supplies
- **MyTurn** for COVID-19 vaccination information and to register
- **Vaccinations:** call (510) 208-4VAX; No documentation or identification is needed; people can self-verify (self-attest) address and in identifying themselves.
- **Treatment:** <https://www.achch.org/covid-19-treatment.html>
- **Boosters:** Visit our [website](#) for vaccine guidance and resources including new [Bivalent Booster Information Sheet](#).
- Alameda County Public Health:
  - [Vaccine Guidance & Resources](#)
  - [Vaccine FAQs](#)
  - [COVID-19 Vaccine Booster Q&A](#)
- Visit [East Bay Getting to Zero](#) for weekly updates/information on HIV and COVID

**Jamie Pizzo, RN, ACPHD**

- Reviewed steps to controlling outbreaks in congregate living facilities document and SPOT reporting system. View document at <https://covid-19.acgov.org/covid19-assets/docs/healthcare-guidance/Steps-to-Controlling-Outbreaks-in-Congregate-Living-Facilities-22.08.02.pdf>

- SPOT Reporting website here: [spot.cdph.ca.gov](https://spot.cdph.ca.gov); reporting requirements here: [covid-19.acgov.org/reporting-requirements#congregate](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/reporting-requirements#congregate); watch instructional video of reporting here: <https://www.youtube.com/watch?v=V1Raf3BzYF8>.
- State of California has rescinded the 7/26/2021 CDPH COVID guidance for congregate providers which required un-vaccinated staff to show weekly proof of COVID test. This is set to go into effect 9/17/2022. Updated CDPH Guidance: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Unvaccinated-Workers-In-High-Risk-Settings.aspx>
- Email with questions: [COVIDOB@acgov.org](mailto:COVIDOB@acgov.org)

#### **David Modersbach, Alameda County Health Care for the Homeless**

- Keep sending referrals to Isolation and Quarantine (I/Q) for those clients that have tested positive for COVID-19, are symptomatic or report close contacts.
- Visit our [website](#) for more information regarding I/Q.
- If somebody reports to you that they have symptoms of mpox, get them to a health care provider for diagnosis asap or go to ER if no health care provider. Call your ACHCH regional coordinator or ACHCH at (510) 891-8950 for further guidance.
- ACHCH has a Monkeypox resource/guidance webpage; visit <https://www.achch.org/monkeypox.html>

### **3. Resources:**

- Check [Alameda County Public Health website](#) for testing sites, treatment information, etc.
- [MyTurn](#) for COVID-19 vaccination information and to register
- Vaccinations: call (510) 208-4VAX; No documentation or identification is needed; people can self-verify (self-attest) address and in identifying themselves. Visit our [website](#) for vaccine guidance and resources
- [CDC COVID-19 Vaccine Booster Shots](#)
- Alameda County Public Health:
  - [Vaccine Guidance & Resources](#)
  - [Vaccine FAQs](#)
  - [COVID-19 Vaccine Booster Q&A](#)
- Frontline Workers Counseling Project; [fwcp.org](https://fwcp.org)
- All of our COVID test kits distributed have had their expiration dates extended by the FDA. Please check this site to confirm any expiration dates: <https://www.fda.gov/medical-devices/coronavirus-covid-19-and-medical-devices/home-otc-covid-19-diagnostic-tests#list>
- Cooling centers can be found on our [website](#).
- Air quality resources can be found on our [website](#).
- Water distribution: [Outreach Providers](#), please contact David Modersbach ([david.modersbach@acgov.org](mailto:david.modersbach@acgov.org)) if you'd like to pick up water to distribute.
- ACHCH has at-home test kits available. Please contact [achch@acgov.org](mailto:achch@acgov.org) if you need test kits.
- [COVID-19 Treatment website](#)
- Order at-home COVID-19 test from the government at [www.covidtests.gov](https://www.covidtests.gov).
- Contact [achch@acgov.org](mailto:achch@acgov.org) if you have trouble accessing at-home rapid test kits.
- Sign up with State of California to access COVID-19 rapid at-home test kits at [labsupport.powerappsportals.us/ihealthorder/](https://labsupport.powerappsportals.us/ihealthorder/)
- Congregate living facilities such as homeless shelters, residential treatment facilities, transitional housing facilities, room and board, group homes, and residential congregate living for youth must report the following to Alameda County Public Health Department per local reporting thresholds:
  - ≥1 COVID-19 cases within a 14-day period in residents and/or staff

- How to Report: Email [covidob@acgov.org](mailto:covidob@acgov.org) and follow [the Step-by-Step Instructions for Controlling the Outbreak at the Facility](#). In the email, include the name and contact information of the reporter, facility name, number of employees or residents involved, and a brief description. *DO NOT* include the names, date of birth, or any other protected health information of any persons diagnosed with or exposed to COVID-19.
- Then, complete the [Shared Portal for Outbreak Tracking \(SPOT\) Intake Form](#).
- This info can also be found on our website: <https://covid-19.acgov.org/reporting-requirements#congregate>.
- Emphasizing the need for close symptom screening of staff and carrying out full symptoms/contacts checks daily. Please review the [ACHCH Shelter Health Guidance](#).
- SICK staff need to stay home! If staff are not feeling well, they need to call out sick or leave immediately.
- Recommendation to shelter and outreach staff regarding N95 masks: If your site is undergoing an outbreak or suspected outbreak ACHCH advises to double-mask with a cloth and surgical mask or wear N95/KN95 masks.
- Quarantine Update from Alameda County Public Health: If a staff member or resident has tested positive on Day 5, they may choose to test daily after Day 5 and may leave isolation once they receive a negative test.
- *“For the safety of staff and shelter guests, we continue to recommend reduced occupancy and physical distancing. Distancing is a recommendation, but not a mandate and providers may, at their discretion, decide on measures appropriate to their specific sites.” ~Dr. Moss, ACPHD*
- What is a Positive Case?  
A frequent source of confusion is how we know if someone has COVID-19, and when they are safe to return to the site or return to work. The guidance has been very confusing. We suggest people think of it in these simple terms:
  - A positive test OR symptoms should be treated as a positive COVID case.
  - A positive rapid test is almost certain to be correct. But a negative rapid test may not be. That's why we consider symptoms to be the same as a positive test.
  - 10 days after symptoms start OR 10 days after your first positive test, you are no longer contagious. It does not matter what your test results say after 10 days - you are not contagious anymore.
  - The most common symptoms of COVID-19 are fever, cough, tiredness. Other signs are sore throat, diarrhea, breathing problems, eye problems, headache, loss of taste or smell, rash. If someone newly has any of these symptoms, consider them to have COVID-19. You do not need to administer a rapid test, and it may give you a false sense of safety to do so.
  - Well-fitting masks and vaccination are still the best protection we have against this virus. Masks must be worn at all times indoors by residents and staff unless sleeping or eating. During outbreaks and surges, we recommend N95 masks be worn by all residents and staff while indoors. Masks save lives. Reach out if we can help with access to good quality masks.
- Alameda County Steps to Controlling Outbreaks in Congregate Living Facilities: <https://covid-19.acgov.org/covid19-assets/docs/healthcare-guidance/Steps-to-Controlling-Outbreaks-in-Congregate-Living-Facilities-22.08.02.pdf>
- Drug overdose: availability of Naloxone kits for staff and residents. ACHCH is an important resource to access Opioid Overdose Responder and Naloxone virtual trainings and Naloxone kits. Register for a training [here](#).

*Thank you all! Be compassionate in your care for yourself and others. We appreciate all of you and your creativity to support the unhoused community. Please continue to wear a mask, wash hands, and practice social distancing.*