Participants/Programs Represented:
Alameda Alliance for Health, CHC, Building Futures, La Familia, La Familia/FESCO, City of Union City, Youth & Family Services, Abode Services, Eden I&R/211 Alameda County, Women’s Daytime Drop-In Center/Bridget House, City of Emeryville, First Pres Hayward and South Hayward Parish, Swords to Plowshares, LifeLong Medical Care, Operation Dignity/St Vincent de Paul Winter Shelter, Oakland Dream Center, Alameda Health System, Fred Finch Turning Point, CityTeam, Dorothy Day House Shelter, Building Opportunities for Self-Sufficiency

1. Introduction: This is the 35th weekly call hosted by the Alameda County Health Care for the Homeless program. Calls will be every Wednesday at 10:30am-11:30am on Zoom.

   • Thank you for all your hard work! This is a marathon not a sprint, so take care of you so that we can continue to support our shelter community and those who are unhoused.
   • The purpose of this call is to bring together countywide shelter providers to share updates, knowledge, practices, build supportive community, and develop effective responses to protect our health and the health of the persons living in our shelter environments.
   • To be added to the email list, contact Kathy Barron at kathryn.barron@acgov.org.
   • If shelter staff have specific issues or challenges with individuals who may be symptomatic, infected or at-risk of COVID-19, email achch@acgov.org with details so we can follow up.

2. Grounding Exercise:
   Breathing exercise- breathe in for 4 seconds, hold for 1 second, breathe out for 5 seconds. Repeat. Breathe in positive things you have been observing/experiencing. Breathe out negativity/stress.

3. Situation Report:

   David Modersbach, Health Care for the Homeless
   • For County wide totals Refer to Alameda County COVID-19 Dashboards
     o We are preparing for the winter and possible rising tide of COVID levels
     o We are in the orange tier statewide not moving to yellow for a while
     o Overall positive rate is at 1.6 percent
     o 6000 thousand test per day county wide
     o School are still working on their plans but not expected to open for a while
     o New testing site at Kaiser center by lake merit Tuesday, Thursday and Saturdays
Heather MacDonald, Alameda Health System
  o Reminder: you can call (510) 437-5786 to find out where the mobile clinic is located
  o It’s a free testing site for front line workers. Schedule for a morning or walk up.

Emi Theriault, City of Emeryville
  o We are continuing to do outreach to get people in shelter please reach out if you have openings

Stephanie Lewis, Division Director of Crisis Services ACBH
Contact: Stephanie Lewis at (510) 891-5600 or stephanie.lewis@acgov.org for more information.

3 different types of Mobile crisis teams

1st MCT:
Is comprised of two clinician teams. Mobile crisis team supports individuals experiencing mental health crisis county-wide; Monday - Friday; 10am - 8pm

2nd MET:
Mobile evaluation consists of a police officer (former nurse) and one clinician team. Only in Oakland; Monday – Thursday; 8am-3pm

3rd CATT:
Is comprised of a clinician and an EMT; Oakland, San Leandro, Hayward, and Fremont; Monday – Sunday; 7:30am-11am. Police dispatchers are trained to refer to CATT.

Outreach and engagement teams: For those not in an imminent crisis.

Community connections: Program does outreach to encampments to provide support.

Familiar Faces: Reaches out by phone and by going out to the field in order to engage those who have frequent hospitalizations.

Post Crisis Follow Up- Crisis Connect: If a person presents at John George and are not admitted, this program follows up with them to provide support.

Contact us at 510-891-5600 (County-wide); 8am-5pm; a clinician will advise in deciding how to support.

Law enforcement are part of the process as they receive training and some situations require law enforcement.

If you need support and mobile crisis is not available you can call 911 and request a Crisis intervention trained officer to respond. It’s helpful to have an AB 1424 form in order to provide mental health history

Same day urgent medication clinics for adults
Need to be able to be present to answer questions and pick up prescription at local pharmacy.

Oakland
7200 Bancroft Ave
(510) 777-3800

Fremont
39155 Liberty St, #G710
(510) 795-2434

Pleasanton
3730 Hopyard
(925) 551-6851

Crisis residential treatment
For individuals who are experiencing crisis but do not need to go to John George Jay Mahler Recovery center; (510) 357-3562
Woodroe Place; (510) 613-0330
Amber House CRT & Crisis Stabilization Unit; (510) 379-4179

Crisis assessment and care for children
Willow Rock; 510-483-3030
UCSF Children’s hospital

4. Q&A
Q: Are Emeryville, Berkeley, and Albany included in the outreach geographic area?
A: No, they have been known to respond.

Q: What is a 5585 Assessment?
A: It is the Welfare and Institution code that refers to a minor who has to be put on a 72-hour hold.

Q: How does the 911 know to call CATT?
A: Dispatchers are trained to know when to refer to CATT.

Q: Is Mentors on Discharge still at John George?
A: Stephanie Lewis is looking into this and will get back to us.

MACRO Mobile Assistance Community Responders of Oakland (in process) based on CAHOOTS model in Eugene OR.
MH First Oakland launched by the Anti-Police Terror Project. There is one in Sacramento and Oakland. MH First responds to mental health crises including, but not limited to, psychiatric emergencies, substance use disorder support, and domestic violence and intimate partner violence situations.

Thank you all! Remember all of the successes you and your staff are accomplishing! Be compassionate in your care for yourself and others!

Weekly Shelter Provider COVID Zoom Call #35
Wednesday, November 4, 2020; 10:30am-11:30am
More information: achch.org