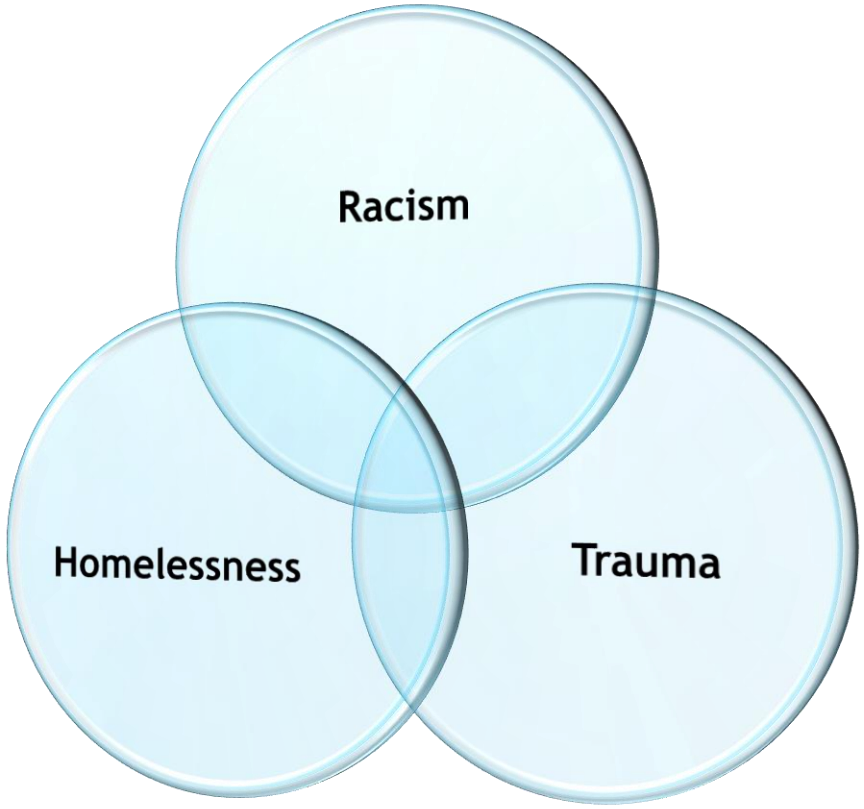
Racism, Homelessness and Trauma Informed Care: Implications for Healing



jeweldlegacy

Day 1: Exploring the Faces of Homelessness, Pathways and Humanism

1. Overview of the Series

2. Stand for the Count – Carol F. Burton
   - 2022 Alameda County Numbers
   - Faces and Pathways

3. Mental Health and Wellness – Dr. Byron Young

4. Humanizing the Human Experience
   – Dr. B. Young

5. Introduction to Day 2 – Ann Adalist Estrin

6. Recap and Closing – Carol F. Burton

Goals for the 2-Part Series

(Wednesdays- April 28 and June 28, 2023)

Part 1: Exploring the Faces of Homelessness, Pathways and Humanism
By: Carol F. Burton and Dr. Byron Young

Part 2: Reframing Trauma and Trauma Informed Care and Practical Applications
By: Carol F. Burton and Ann Adalist Estrin

Participants will:

1. Gain a broader understanding of the various "pathways" toward homelessness and how racism influences access to services, housing, care, and appropriate diagnostics.
2. Gain a broader understanding and definition of trauma and its many layers.
3. Gain practical knowledge regarding various applications of trauma informed care.
4. Learn techniques for self-care to reduce long term impacts of secondary trauma.

jeweldlegacy

About the Speakers:

jewelldlegacy

Carol F. Burton, MSW is Founder of Jeweld Legacy Group and is lauded for her unique experience designing programs that converge behavioral health, criminal justice, and homelessness. She is a well-respected and sought-after consultant, known for her ability to translate policy into practice and transform leadership teams. Ms. Burton is the former Executive Director of Centerforce (www.centerforce1.org), Associate Executive Director of the Osborne Association in NYC, NY. (www.osborneny.org); and Interim Director of Alameda County Behavioral Health. During Ms. Burton's two-year position with Alameda County Behavioral Health, she earned the reputation of visionary, turnaround specialist, and transformative leader. Ms. Burton also serves as Strategic Advisor to several elected officials and government leaders on Mental Health, Addiction, Homelessness and Criminal Justice policy related matters. She has designed many collaborations including the New York Children of Incarcerated Parents Partnership, the Bay Area Children of Incarcerated Parents and the Alameda County Justice-Involved Mental Health Task Force. Ms. Burton is the Principal Investigator for the country's first comprehensive program and longitudinal study on children of incarcerated parents.

Ms. Burton continues to serve as an advisor on several initiatives, including the newly released Sesame Street toolkit "Little Children, Big Challenges: Incarceration." Ms. Burton is the recipient of the "The White House Champion of Change Award" for her outstanding work on behalf of Children of Incarcerated Parents.

Carol F. Burton

jeweldlegacy

Byron Young, MD is an emotional wellness program developer, consultant, and an outpatient psychiatrist with LA County Department of Mental Health's Enhanced Specialized Foster Care Program.

Dr. Young was born and raised in the New Orleans, LA metro area and attended Xavier University of Louisiana for undergrad and Tulane University School of Medicine for medical school. Dr. Young came to NYC for general psychiatry residency at Hofstra Northshore-LIJ at Zucker Hillside and child and adolescent psychiatry fellowship at New York Presbyterian Hospital of Columbia and Cornell Universities.

Dr. Young is passionate about being impactful in under-resourced and marginalized communities, particularly communities of color, in both his daily work with the LA County Dept of Mental Health and various community service projects. He participates in, consults on and develops creative programs and initiatives to serve as tools for the improved emotional wellness of citizens of LA, NYC, New Orleans and beyond.

Dr. Young has also consulted with program development for organizations like Teen Hub Program of New York Presbyterian Hospital of Columbia and Cornell Universities as well as Google, the New York City Department of Health, and the LA County Department of Mental Health.
Dr. Young is the founder of DoingItWell, A Hub for Emotional Wellness.

Dr. Byron Young, MD

jeweldlegacy

Ann Adalist Estrin, MS, is Director of the National Resource Center on Children and Families of the Incarcerated at Rutgers University, Camden New Jersey where she also teaches in the department of Sociology, Anthropology and Criminal Justice. Under Ann's leadership, NRCCFI has provided training and consultation to government and non-government agencies and community programs in 48 states including Sesame Street's "Little Children, Big Challenges Campaign. In 2013 she was honored at the White House as a "Champion of Change" for her work as an advocate for children and families of the incarcerated. Ann is an Author, Speaker, and Consultant to a variety of agencies both nationally and internationally.

Ann Adalist Estrin, MS

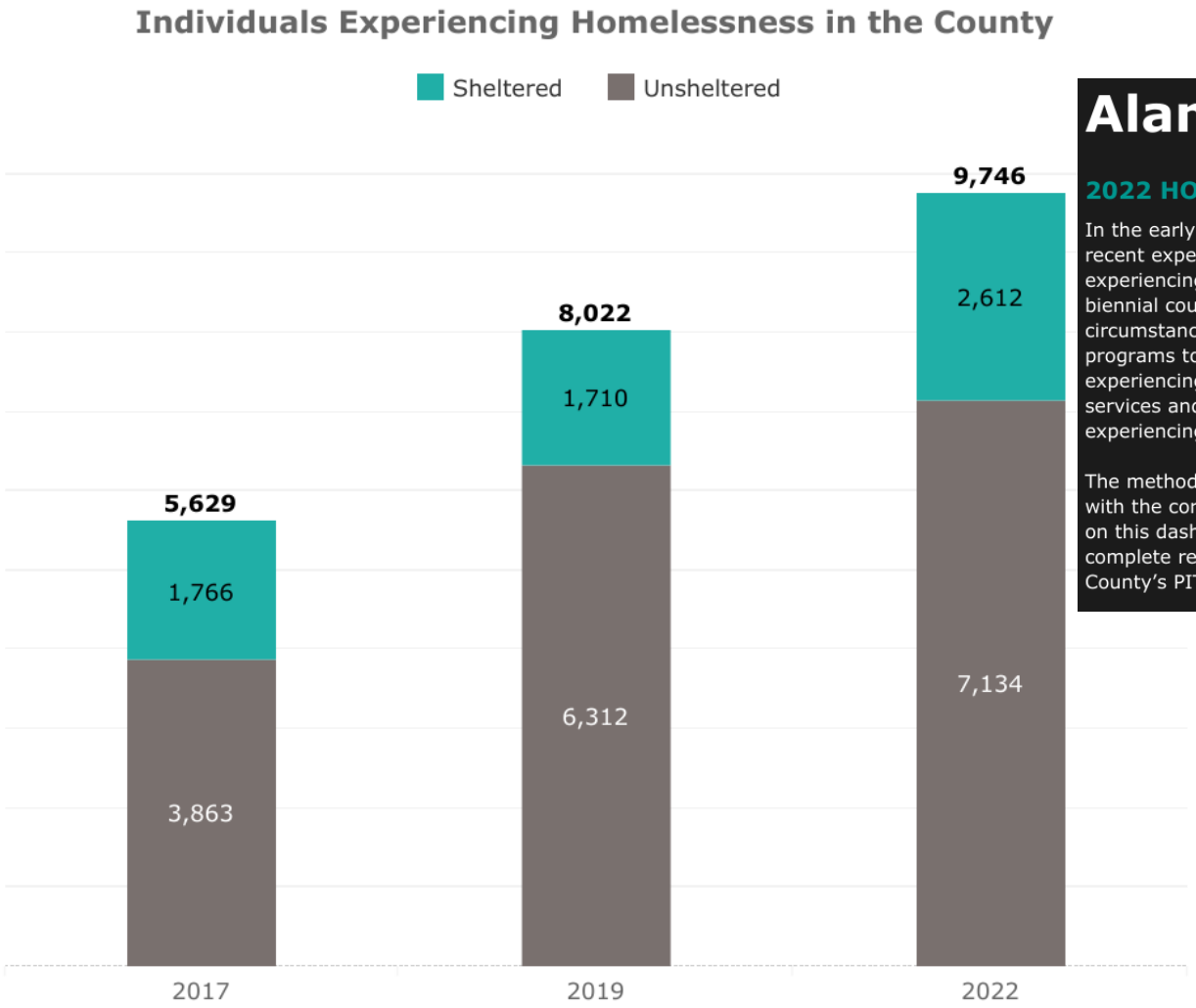
jewelldegacy

Faces of Homelessness in Alameda County?

Faces of Homelessness

8,307
households experiencing homelessness in 2022

9,747
persons experiencing homelessness in 2022



Alameda County Executive Summary

2022 HOMELESS POINT-IN-TIME COUNT & SURVEY

In the early morning hours of February 23, over 500 staff of outreach and other nonprofit programs, individuals with current or recent experience of homelessness, city and county employees, and community volunteers participated in an effort to count people experiencing homelessness in Alameda County the night of February 22, 2022. The Homelessness Response System relies on this biennial count and survey of those experiencing homelessness to gain a better understanding about the prevalence of and the circumstances surrounding homelessness in Alameda County and its cities. This data is foundational to investing in housing and programs to the scale necessary to reduce homelessness and evaluating the impact of efforts to date. The voices of people experiencing homelessness gathered through this count and survey are used to inform enhancements and improvements to services and the pathways to housing and are an important look at the health, needs, history, and background of our residents experiencing homelessness in Alameda County.

The methodology for this Point In Time Count and Survey is multi-faceted, compliant with federal requirements, and consistent with the core methodology used in 2017 and 2019, with some areas of enhancement in population-specific outreach in 2022. Data on this dashboard is derived from multiple sources as noted in the Info button to the left of the Executive Summary tab. The complete report of the 2022 Homeless Point In Time Count and Survey contains a more comprehensive discussion of Alameda County's PIT Count and Survey methodology.

jewellegacy

Faces of Homelessness

CENSUS POPULATION: TREND

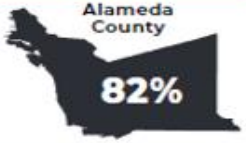
UNSHELTERED POPULATION BY LOCATION

31%	33%	22%	13%	1%
TENT 2,216	CAR/VAN 2,319	RV 1,600	STREET/ OUTSIDE 957	ABANDONED BUILDING 43

2022 SHELTERED/ UNSHELTERED POPULATION

27% SHELTERED n=2,612 | **73%** UNSHELTERED n=7,135

RESIDENCE AT TIME OF HOMELESSNESS



SHELTERED/UNSHELTERED POPULATION BY CITY

City	Sheltered	Unsheltered
ALAMEDA	84	180
ALBANY	0	23
BERKELEY	254	803
DUBLIN	0	29
EMERYVILLE	0	91
FREMONT	160	866
HAYWARD	114	267
LIVERMORE	68	174
NEWARK	26	32
OAKLAND	1,718	3,337
PIEDMONT	0	42
PLEASANTON	0	72
SAN LEANDRO	97	312
UNINCORPORATED	91	418
UNION CITY	0	489
TOTAL	2,612	7,135

LENGTH OF TIME IN ALAMEDA COUNTY

9%	14%	9%	68%
< 1 YEAR	1-4 YEARS	5-9 YEARS	10+ YEARS

PRIMARY CAUSES OF HOMELESSNESS

TOP 6 RESPONSES*

27%	25%	22%
Dispute with Family/Friend/ Roommate	Eviction/ Foreclosure	Job Loss
13%	**13%**	**11%**
Other Money Issues	Substance Use	Family/ Domestic Violence

WHAT MIGHT OF PREVENTED HOMELESSNESS

TOP 4 RESPONSES*

49%	37%	27%	26%
Rent Assistance	Employment Assistance	Mental Health Assistance	Benefits/ Income

COVID-19

68% HAVE RECEIVED A COVID-19 VACCINE

16% SAID COVID-19 WAS THE PRIMARY CAUSE OF THEIR HOMELESSNESS

DURATION OF CURRENT EPISODE OF HOMELESSNESS

4%	21%	75%
1-30 DAYS	1-11 MONTHS	A YEAR OR MORE

jeweldlegacy

Faces of Homelessness

OLDER AMERICANS MONTH

Featured Indicator: People 65+ Living Below Poverty Level

Alameda

8.5%

Compared to:

Grouped | CA Census Places | U.S. Census Places

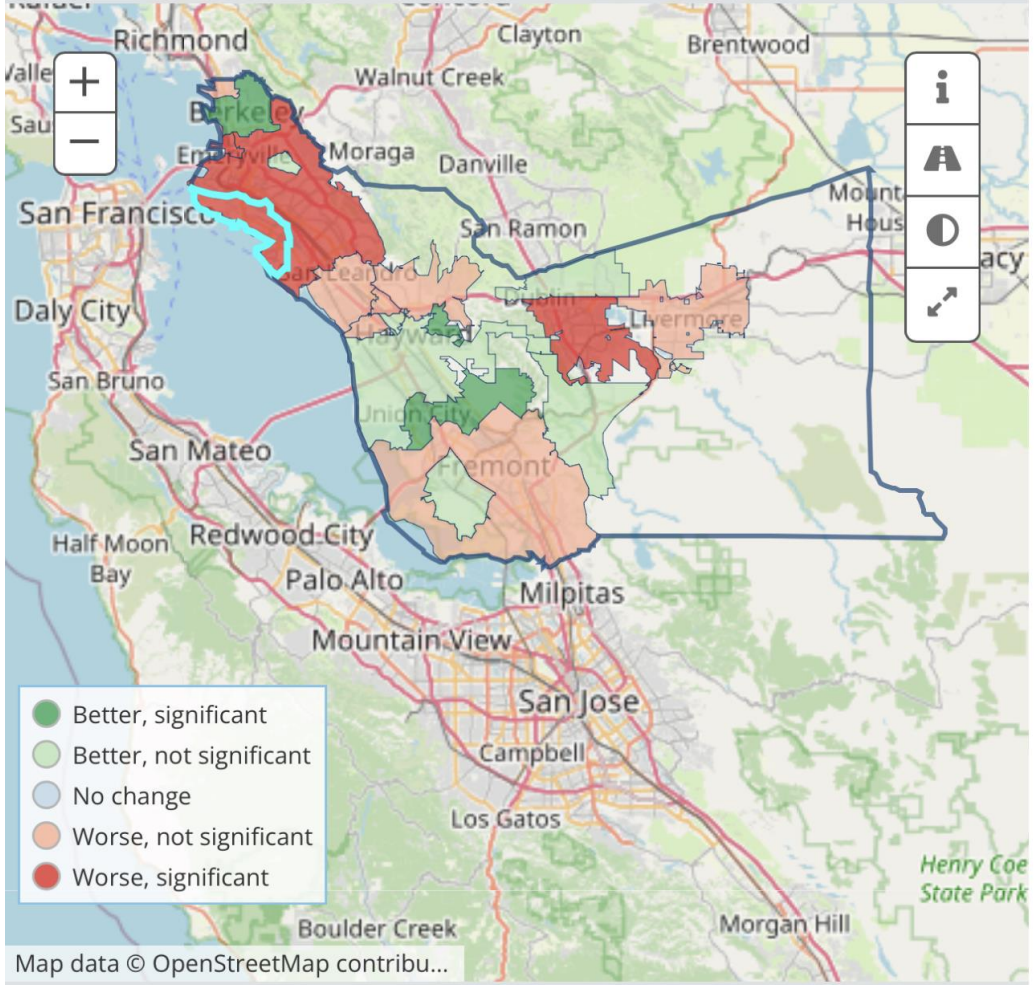
Alameda, CA County Value | CA Value | US Value | Trend

This indicator shows the percentage of people aged 65 years and over living below the federal poverty level.

Numerator = Total estimate of persons aged 65+ who had income in the past 12 months that was below the poverty level

Denominator = Total population estimate aged 65+ with poverty status determined

City/Place: Alameda



People 65+ Living Below Poverty Level

Data Source: American Community Survey 5-Year

What is the primary event or events that led to you currently being homeless? (select all that apply)

Family or friends couldn't let me stay or argument with family/friend/roommate	27.3%
Eviction/Foreclosure/Rent increase	25.2%
Job loss	21.7%
Other money issues including medical bills, etc.	13.3%
Substance use	12.6%
Family/domestic violence	11.5%
Mental health needs	11.1%

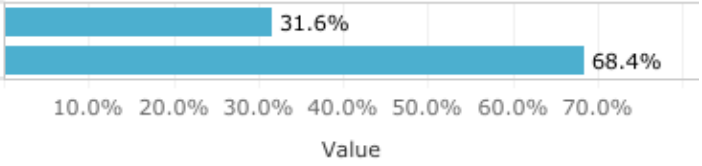
Health & Housing

34.4% **have a chronic health problem or medical condition**

68.4% **have received a COVID-19 vaccine**

Health & Housing

Survey Item	Valid N	Survey Responses	
Have you received a COVID-19 vaccine?	1,352	No	31.6%
		Yes	68.4%



Do you experience any of the following **disabling conditions**:

Survey Item	Valid N		*Does it keep you from holding a job, living in stable housing, or taking care of yourself?* **% responding "Yes"** Valid N	
AIDS or an HIV related illness	1,300	2.1%	20	65.0%
Chronic health problem or medical condition (e.g., diabetes, cancer)	1,332	34.4%	376	71.3%
Developmental disability	1,279	16.5%	172	73.8%
Drug or alcohol abuse (including prescription drugs not prescribed for you)	1,295	29.8%	299	63.9%
Physical disability	1,315	32.7%	344	71.2%
Post-Traumatic Stress Disorder (PTSD)	1,295	42.1%	439	63.8%
Psychiatric or emotional conditions (e.g., depression, schizophrenia)	1,316	49.0%	517	67.9%
Traumatic brain injury to your brain from a bump, blow or wound to the head	1,315	14.3%	144	66.7%

jewelleegacy

Sup-Populations of Homeless Individuals

Sub-Populations	Sheltered	Unsheltered	Total	Change +/- 2019
Adults with Serious Mental Illness	681	1,667	2,343	Sheltered + Unsheltered -
Adults with Substance Use Disorders	352	899	1,251	Sheltered + Unsheltered -
Adult Survivors of Domestic Violence	156	398	554	Sheltered + Unsheltered +
Adults with HIV/AIDS	36	52	96	Sheltered – Unsheltered -
Totals	1,225	3,016	4,244	

jeweldlegacy

2022 HOMELESS POINT-IN-TIME COUNT

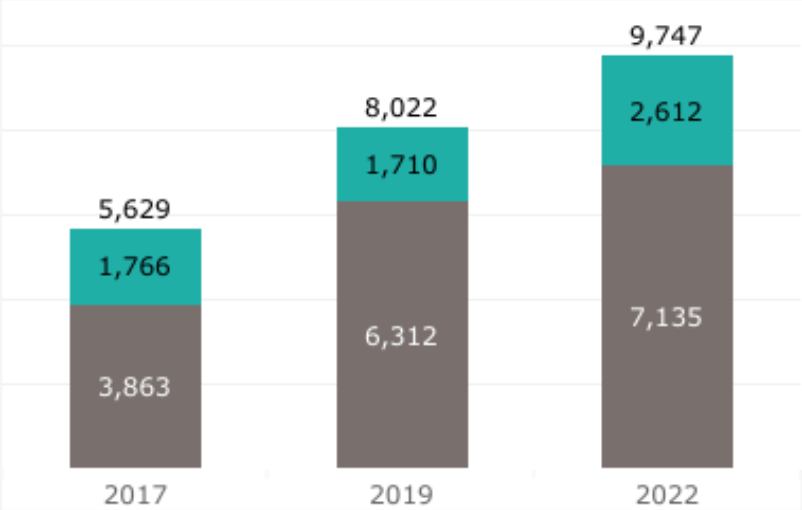
Executive Summary | Survey Topics | County HDX Charts | City HDX Charts | Print HDX

Select Household Type:
All Household Types

HDX Count by Person Detail

Filter by Person Detail:
Total number of persons (adults & children)

Sheltered Unsheltered



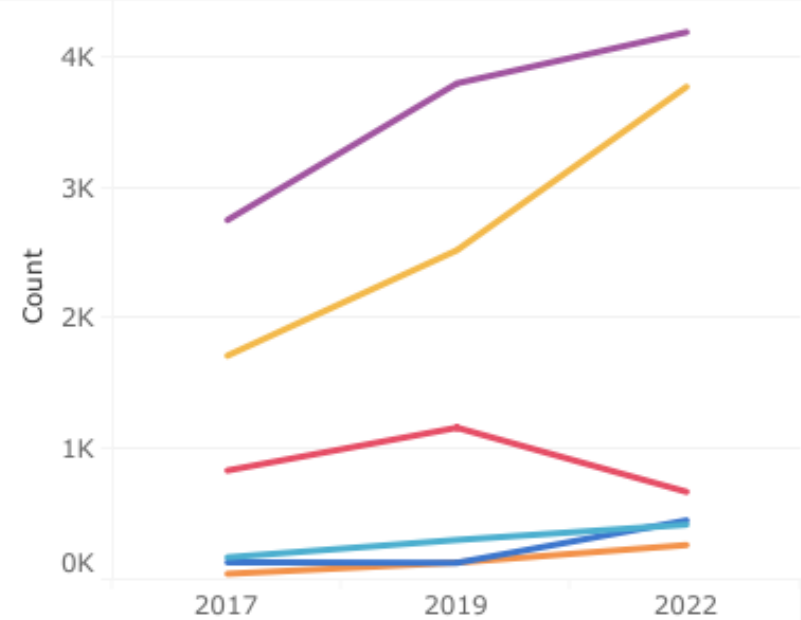
6,671
Total number of persons
Chronically Homeless

Chronic homelessness – Defined by U.S. Department of Housing and Urban Development as an unaccompanied individual or head of a family household with a disabling condition who has either continuously experienced homelessness for a year or more, or has experienced at least four episodes of homelessness totaling 12 months, in the past three years.

HDX Count by Race/Ethnicity or Gender

Filter by Demographic Detail:
Race (adults and children)

- American Indian or Alaska Native
- Asian
- Black or African-American
- Multiple Races
- Native Hawaiian or Other Pacific Islander
- White



jeweldlegacy

Families with Children

Alameda County HDX Charts

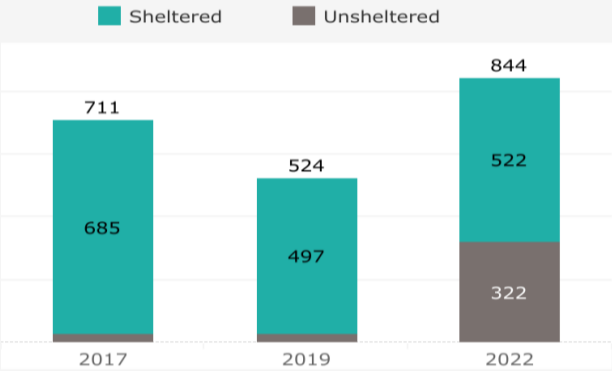
2022 HOMELESS POINT-IN-TIME COUNT

Executive Summary | Survey Topics | County HDX Charts | City HDX Charts | Print HDX

Select Household Type:
Households with at Least One Adult and One Child

HDX Count by Person Detail

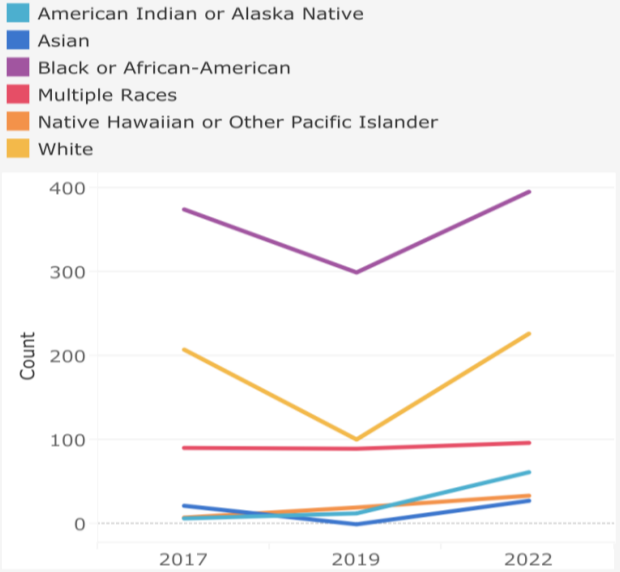
Filter by Person Detail:
Total number of persons (adults & children)



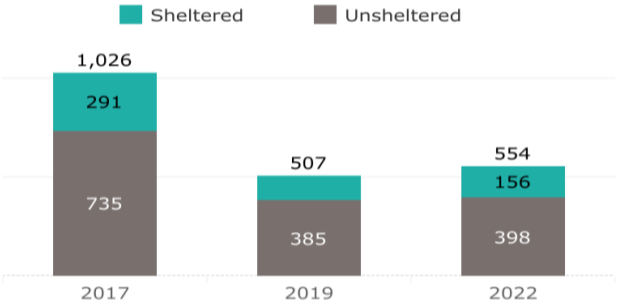
Chronic homelessness – Defined by U.S. Department of Housing and Urban Development as an unaccompanied individual or head of a family household with a disabling condition who has either continuously experienced homelessness for a year or more, or has experienced at least four episodes of homelessness totaling 12 months, in the past three years.

HDX Count by Race/Ethnicity or Gender

Filter by Demographic Detail:
Race (adults and children)



Select Sub-Population:
Adult Survivors of Domestic Violence (optional)



Alameda County HDX Charts

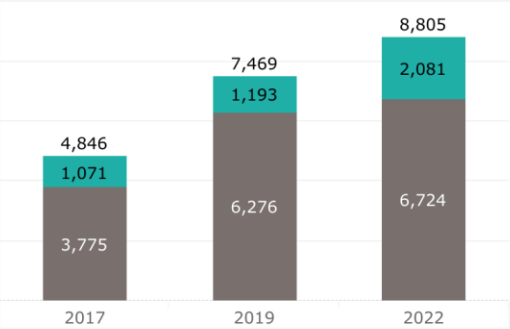
2022 HOMELESS POINT-IN-TIME COUNT

Executive Summary | Survey Topics | County HDX Charts | City HDX Charts | Print HDX

Select Household Type:
Households without Children

HDX Count by Person Detail

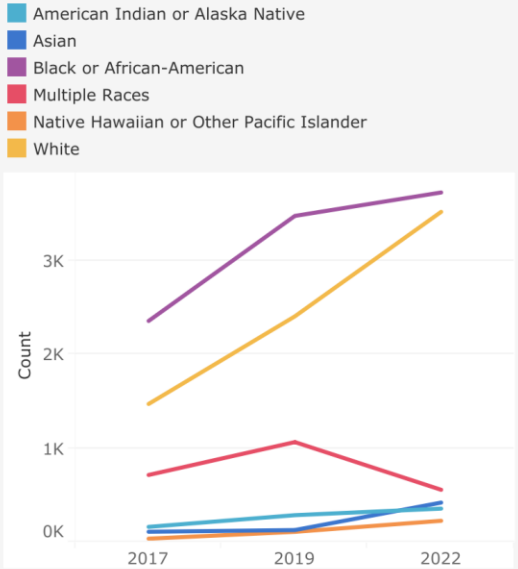
Filter by Person Detail:
Total number of persons (adults & children)



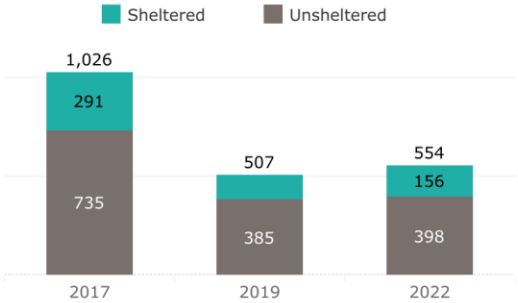
Chronic homelessness – Defined by U.S. Department of Housing and Urban Development as an unaccompanied individual or head of a family household with a disabling condition who has either continuously experienced homelessness for a year or more, or has experienced at least four episodes of homelessness totaling 12 months, in the past three years.

HDX Count by Race/Ethnicity or Gender

Filter by Demographic Detail:
Race (adults and children)



Select Sub-Population:
Adult Survivors of Domestic Violence (optional)



Alameda County HDX Charts

2022 HOMELESS POINT-IN-TIME COUNT

Executive Summary | Survey Topics | County HDX Charts | City HDX Charts | Print HDX

Select Household Type:
Parenting Youth Households

HDX Count by Person Detail

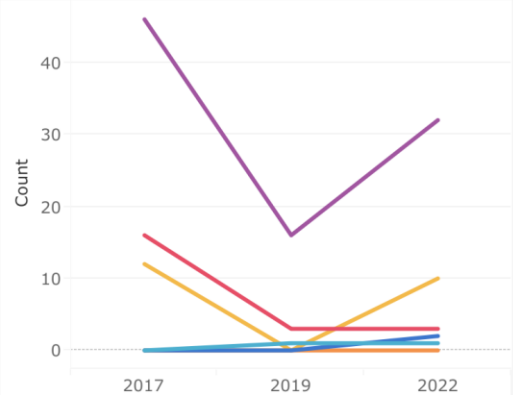
Filter by Person Detail:
None

Chronic homelessness – Defined by U.S. Department of Housing and Urban Development as an unaccompanied individual or head of a family household with a disabling condition who has either continuously experienced homelessness for a year or more, or has experienced at least four episodes of homelessness totaling 12 months, in the past three years.

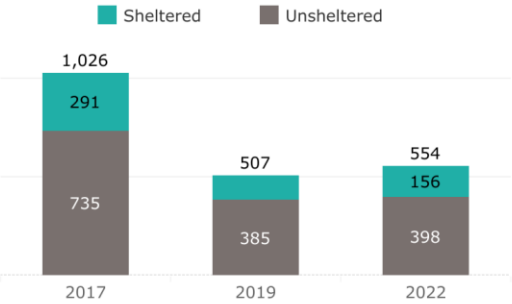
HDX Count by Race/Ethnicity or Gender

Filter by Demographic Detail:
Race (adults and children)

- American Indian or Alaska Native
- Asian
- Black or African-American
- Multiple Races
- Native Hawaiian or Other Pacific Islander
- White



Select Sub-Population:
Adult Survivors of Domestic Violence (optional)



Alameda County HDX Charts

2022 HOMELESS POINT-IN-TIME COUNT

Executive Summary | Survey Topics | County HDX Charts | City HDX Charts | Print HDX

Select Household Type:
Unaccompanied Youth Households

HDX Count by Person Detail

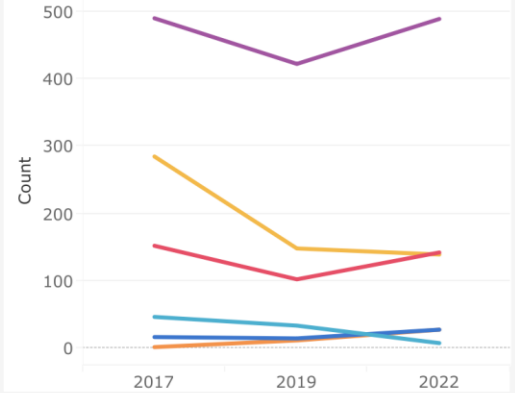
Filter by Person Detail:
None

Chronic homelessness – Defined by U.S. Department of Housing and Urban Development as an unaccompanied individual or head of a family household with a disabling condition who has either continuously experienced homelessness for a year or more, or has experienced at least four episodes of homelessness totaling 12 months, in the past three years.

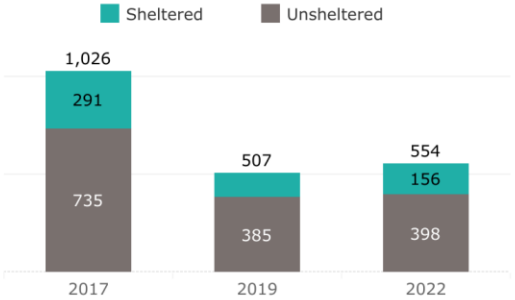
HDX Count by Race/Ethnicity or Gender

Filter by Demographic Detail:
Race (adults and children)

- American Indian or Alaska Native
- Asian
- Black or African-American
- Multiple Races
- Native Hawaiian or Other Pacific Islander
- White



Select Sub-Population:
Adult Survivors of Domestic Violence (optional)



FOSTER CARE

jeweldlegacy

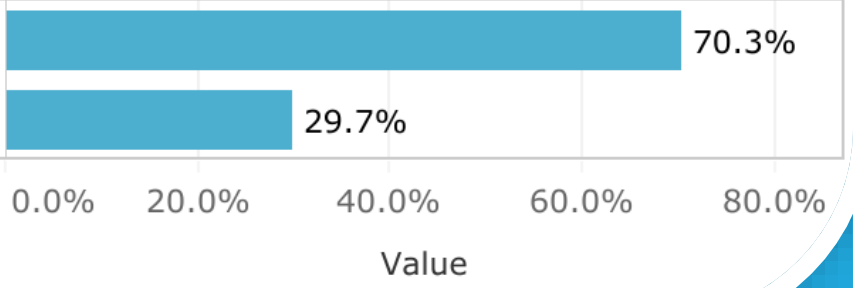
County Survey Findings

2022 HOMELESS SURVEY FINDINGS BY COUNTY AND JURISDICTION

Executive Summary | Survey Topics | County HDX Charts | City HDX Charts | Print HDX

Criminal Justice

Survey Item	Valid N	Survey Responses
Have you had interactions with the criminal justice system in the past year including probation, parole, court appearances, arrests, tickets, etc.?	1,348	No
		Yes



jeweldlegacy

County Survey Findings

2022 HOMELESS SURVEY FINDINGS BY COUNTY AND JURISDICTION

Executive Summary | Survey Topics | County HDX Charts | City HDX Charts | Print HDX

Demographics

Percent who have ever been in foster care

14.4%

Survey Item	Valid N	Survey Responses	
Age of survey participants	2,000	Under 18	0.1%
		18-24	4.7%
		25-59	75.8%
		60+	19.4%
What gender do you identify with? (select all that apply)	1,667	Female	39.0%
		Male	60.3%
		Questioning	0.3%
		Transgender	0.5%
		A gender not singularly female or male *	0.3%
Do you consider yourself...?	1,467	Straight	91.6%
		Bisexual	4.4%
		Gay	1.3%
		Lesbian	1.7%
		Queer	0.7%
		Other	0.7%
What ethnicity do you identify with?	1,224	Hispanic/Latin(a)(o)(x)	22.2%
		Non-Hispanic/Non-Latin(a)(o)(x)	77.8%
What race or races do you identify with? (select all that apply)	1,302	American Indian, Alaska Native, or Indigenous	4.0%
		Asian or Asian American	5.0%
		Black, African American, or African	48.0%
		Native Hawaiian or Pacific Islander	2.0%
		White	35.0%
		Other/Multi-race	6.0%
Have you ever been in foster care?	1,441	No	85.6%
		Yes	14.4%
Are you currently pregnant?	571	No	97.2%
		Yes	2.8%
Do you have a pet (currently living with you)?	1,459	No	83.0%
		Yes	17.0%

0.0% 50.0% 100.0%

Value

jeweldlegacy

The New Face of Homelessness

jeweldlegacy

GET IN TOUCH

Contact Us

Carol F. Burton, MSW
CEO
Jeweld Legacy Group, Inc.
carol@jeweldlegacy.com
www.jeweldlegacy.com

jeweldlegacy