Racism, Homelessness and Trauma
Informed Care: Implications for Healing
Day 1: Exploring the Faces of Homelessness, Pathways and Humanism

1. Overview of the Series

2. Stand for the Count – Carol F. Burton
   - 2022 Alameda County Numbers
   - Faces and Pathways

3. Mental Health and Wellness – Dr. Byron Young

4. Humanizing the Human Experience
   – Dr. B. Young

5. Introduction to Day 2 – Ann Adaliste Estrin

6. Recap and Closing – Carol F. Burton
Goals for the 2-Part Series
(Wednesdays- April 28 and June 28, 2023)

Part 1: Exploring the Faces of Homelessness, Pathways and Humanism
By: Carol F. Burton and Dr. Byron Young

Part 2: Reframing Trauma and Trauma Informed Care and Practical Applications
By: Carol F. Burton and Ann Adalist Estrin

Participants will:
1. Gain a broader understanding of the various “pathways” toward homelessness and how racism influences access to services, housing, care, and appropriate diagnostics.
2. Gain a broader understanding and definition of trauma and its many layers.
3. Gain practical knowledge regarding various applications of trauma informed care.
4. Learn techniques for self-care to reduce long term impacts of secondary trauma.
About the Speakers:
Carol F. Burton, MSW is Founder of Jeweld Legacy Group and is lauded for her unique experience designing programs that converge behavioral health, criminal justice, and homelessness. She is a well-respected and sought-after consultant, known for her ability to translate policy into practice and transform leadership teams. Ms. Burton is the former Executive Director of Centerforce (www.centerforce1.org), Associate Executive Director of the Osborne Association in NYC, NY. (www.osborneny.org); and Interim Director of Alameda County Behavioral Health. During Ms. Burton’s two-year position with Alameda County Behavioral Health, she earned the reputation of visionary, turnaround specialist, and transformative leader. Ms. Burton also serves as Strategic Advisor to several elected officials and government leaders on Mental Health, Addiction, Homelessness and Criminal Justice policy related matters. She has designed many collaborations including the New York Children of Incarcerated Parents Partnership, the Bay Area Children of Incarcerated Parents and the Alameda County Justice-Involved Mental Health Task Force. Ms. Burton is the Principal Investigator for the country’s first comprehensive program and longitudinal study on children of incarcerated parents.

Ms. Burton continues to serve as an advisor on several initiatives, including the newly released Sesame Street toolkit "Little Children, Big Challenges: Incarceration." Ms. Burton is the recipient of the "The White House Champion of Change Award" for her outstanding work on behalf of Children of Incarcerated Parents.
Byron Young, MD is an emotional wellness program developer, consultant, and an outpatient psychiatrist with LA County Department of Mental Health’s Enhanced Specialized Foster Care Program.

Dr. Young was born and raised in the New Orleans, LA metro area and attended Xavier University of Louisiana for undergrad and Tulane University School of Medicine for medical school. Dr. Young came to NYC for general psychiatry residency at Hofstra Northshore-LIJ at Zucker Hillside and child and adolescent psychiatry fellowship at New York Presbyterian Hospital of Columbia and Cornell Universities.

Dr. Young is passionate about being impactful in under-resourced and marginalized communities, particularly communities of color, in both his daily work with the LA County Dept of Mental Health and various community service projects. He participates in, consults on and develops creative programs and initiatives to serve as tools for the improved emotional wellness of citizens of LA, NYC, New Orleans and beyond.

Dr. Young has also consulted with program development for organizations like Teen Hub Program of New York Presbyterian Hospital of Columbia and Cornell Universities as well as Google, the New York City Department of Health, and the LA County Department of Mental Health. Dr. Young is the founder of DoingItWell, A Hub for Emotional Wellness.
Ann Adalist Estrin, MS, is Director of the National Resource Center on Children and Families of the Incarcerated at Rutgers University, Camden New Jersey where she also teaches in the department of Sociology, Anthropology and Criminal Justice. Under Ann’s leadership, NRCCFI has provided training and consultation to government and non-government agencies and community programs in 48 states including Sesame Street’s “Little Children, Big Challenges Campaign. In 2013 she was honored at the White House as a “Champion of Change” for her work as an advocate for children and families of the incarcerated. Ann is an Author, Speaker, and Consultant to a variety of agencies both nationally and internationally.
Faces of Homelessness in Alameda County?
Faces of Homelessness

8,307 households experiencing homelessness in 2022
9,747 persons experiencing homelessness in 2022

Alameda County Executive Summary

2022 HOMELESS POINT-IN-TIME COUNT & SURVEY

In the early morning hours of February 23, over 500 staff of outreach and other nonprofit programs, individuals with current or recent experience of homelessness, city and county employees, and community volunteers participated in an effort to count people experiencing homelessness in Alameda County the night of February 22, 2022. The Homelessness Response System relies on this biennial count and survey of those experiencing homelessness to gain a better understanding about the prevalence of and the circumstances surrounding homelessness in Alameda County and its cities. This data is foundational to investing in housing and programs to the scale necessary to reduce homelessness and evaluating the impact of efforts to date. The voices of people experiencing homelessness gathered through this count and survey are used to inform enhancements and improvements to services and the pathways to housing and are an important look at the health, needs, history, and background of our residents experiencing homelessness in Alameda County.

The methodology for this Point In Time Count and Survey is multi-faceted, compliant with federal requirements, and consistent with the core methodology used in 2017 and 2019, with some areas of enhancement in population-specific outreach in 2022. Data on this dashboard is derived from multiple sources as noted in the Info button to the left of the Executive Summary tab. The complete report of the 2022 Homeless Point In Time Count and Survey contains a more comprehensive discussion of Alameda County’s PIT Count and Survey methodology.
OLDER AMERICANS MONTH

Featured Indicator: People 65+ Living Below Poverty Level

8.5%

Compared to:

Grouped CA Census Places U.S. Census Places

Alameda, CA County Value CA Value US Value Trend

This indicator shows the percentage of people aged 65 years and over living below the federal poverty level.

Numerator = Total estimate of persons aged 65+ who had income in the past 12 months that was below the poverty level

Denominator = Total population estimate aged 65+ with poverty status determined

Map data © OpenStreetMap contributors
What is the primary event or events that led to you currently being homeless? (select all that apply)

- Family or friends couldn’t let me stay or argument with family/friend/roommate: 27.3%
- Eviction/Foreclosure/Rent increase: 25.2%
- Job loss: 21.7%
- Other money issues including medical bills, etc.: 13.3%
- Substance use: 12.6%
- Family/domestic violence: 11.5%
- Mental health needs: 11.1%
Health & Housing

34.4% have a chronic health problem or medical condition

68.4% have received a COVID-19 vaccine

Do you experience any of the following disabling conditions:

<table>
<thead>
<tr>
<th>Survey Item</th>
<th>Valid N</th>
<th>Survey Responses</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>AIDS or an HIV related illness</td>
<td>1,300</td>
<td>2.1%</td>
<td>2.1%</td>
</tr>
<tr>
<td>Chronic health problem or medical condition (e.g., diabetes, cancer)</td>
<td>1,332</td>
<td>34.4%</td>
<td>34.4%</td>
</tr>
<tr>
<td>Developmental disability</td>
<td>1,279</td>
<td>16.5%</td>
<td>16.5%</td>
</tr>
<tr>
<td>Drug or alcohol abuse (including prescription drugs not prescribed for you)</td>
<td>1,295</td>
<td>29.8%</td>
<td>29.8%</td>
</tr>
<tr>
<td>Physical disability</td>
<td>1,315</td>
<td>32.7%</td>
<td>32.7%</td>
</tr>
<tr>
<td>Post-Traumatic Stress Disorder (PTSD)</td>
<td>1,295</td>
<td>42.1%</td>
<td>42.1%</td>
</tr>
<tr>
<td>Psychiatric or emotional conditions (e.g., depression, schizophrenia)</td>
<td>1,316</td>
<td>49.0%</td>
<td>49.0%</td>
</tr>
<tr>
<td>Traumatic brain injury to your brain from a bump, blow or wound to the head</td>
<td>1,315</td>
<td>14.3%</td>
<td>14.3%</td>
</tr>
</tbody>
</table>

Does it keep you from holding a job, living in stable housing, or taking care of yourself? % responding "Yes"
# Sup-Populations of Homeless Individuals

<table>
<thead>
<tr>
<th>Sub-Populations</th>
<th>Sheltered</th>
<th>Unsheltered</th>
<th>Total</th>
<th>Change +/- 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults with Serious Mental Illness</td>
<td>681</td>
<td>1,667</td>
<td>2,343</td>
<td>Sheltered + Unsheltered -</td>
</tr>
<tr>
<td>Adults with Substance Use Disorders</td>
<td>352</td>
<td>899</td>
<td>1,251</td>
<td>Sheltered + Unsheltered -</td>
</tr>
<tr>
<td>Adult Survivors of Domestic Violence</td>
<td>156</td>
<td>398</td>
<td>554</td>
<td>Sheltered + Unsheltered +</td>
</tr>
<tr>
<td>Adults with HIV/AIDS</td>
<td>36</td>
<td>52</td>
<td>96</td>
<td>Sheltered - Unsheltered -</td>
</tr>
<tr>
<td><strong>Totals</strong></td>
<td><strong>1,225</strong></td>
<td><strong>3,016</strong></td>
<td><strong>4,244</strong></td>
<td></td>
</tr>
</tbody>
</table>
2022 HOMELESS POINT-IN-TIME COUNT

Select Household Type:
All Household Types

HDX Count by Person Detail
Filter by Person Detail:
Total number of persons (adults & children)

- Sheltered
- Unsheltered

<table>
<thead>
<tr>
<th>Year</th>
<th>Sheltered</th>
<th>Unsheltered</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>5,629</td>
<td>3,863</td>
</tr>
<tr>
<td>2019</td>
<td>8,022</td>
<td>6,312</td>
</tr>
<tr>
<td>2022</td>
<td>9,747</td>
<td>7,135</td>
</tr>
</tbody>
</table>

6,671
Total number of persons
Chronically Homeless

Chronic homelessness – Defined by U.S. Department of Housing and Urban Development as an unaccompanied individual or head of a family household with a disabling condition who has either continuously experienced homelessness for a year or more, or has experienced at least four episodes of homelessness totaling 12 months, in the past three years.

HDX Count by Race/Ethnicity or Gender
Filter by Demographic Detail:
Race (adults and children)

- American Indian or Alaska Native
- Asian
- Black or African-American
- Multiple Races
- Native Hawaiian or Other Pacific Islander
- White

Graphs showing trends from 2017 to 2022.
## Criminal Justice

<table>
<thead>
<tr>
<th>Survey Item</th>
<th>Valid N</th>
<th>Survey Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have you had interactions with the criminal justice system in the past year including probation, parole, court appearances, arrests, tickets, etc.?</td>
<td>1,348</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>70.3%</td>
</tr>
<tr>
<td></td>
<td></td>
<td>29.7%</td>
</tr>
</tbody>
</table>

Value Range: 0.0% to 80.0%
Demographics

Percent who have ever been in foster care

Survey Item | Valid N | Survey Responses |
---|---|---|
Age of survey participants | 2,000 | | |
Under 18 | 0.1% |
18-24 | 4.7% |
25-59 | 75.8% |
60+ | 19.4% |
What gender do you identify with? (select all that 1,667 apply) | | |
Female | 39.0% |
Male | 60.3% |
Questioning | 0.3% |
Transgender | 0.5% |
A gender not singularly female or male * | 0.3% |
Do you consider yourself...? | 1,467 | | |
Straight | 91.6% |
Bisexual | 4.4% |
Gay | 1.3% |
Lesbian | 1.7% |
Question | 0.7% |
Other | 0.7% |
What ethnicity do you identify with? | 1,224 | | |
Hispanic/Latinx(0)(0)(x) | 22.2% |
Non-Hispanic/Non-Latinx(0)(0)(x) | 77.8% |
What race or races do you identify with? (select all that apply) | 1,302 | | |
American Indian, Alaska Native, or Indigenous | 4.0% |
Asian or Asian American | 5.0% |
Black, African American, or African | 48.0% |
Native Hawaiian or Pacific Islander | 2.0% |
White | 35.0% |
Other/Multi-race | 6.0% |
Have you ever been in foster care? | 1,441 | | |
No | 85.6% |
Yes | 14.4% |
Are you currently pregnant? | 571 | | |
No | 97.2% |
Yes | 2.8% |
Do you have a pet (currently living with you)? | 1,459 | | |
No | 83.0% |
Yes | 17.0% |
0.0% | 50.0% | 100.0% |
The New Face of Homelessness
GET IN TOUCH

Contact Us

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