

The intent of this document is to ensure homeless service providers understand and can apply new CDC and CADPH guidelines when directing staff to isolate/quarantine and *limit disruption to services*. New isolation and quarantine guidelines recommended by the Alameda County Public Health Department apply to the general public and to **individuals working in homeless shelters, treatment facilities, and transitional housing programs.**

If you have symptoms, treat it as if you have COVID-19. If symptoms develop go home and isolate, take a COVID-19 test.

New Isolation and Quarantine Guidelines:

Exposed to COVID-19		
Fully vaccinated staff with no symptoms*	Do not need to quarantine	Wear a mask and take a COVID-19 test on Day 5
Partially or unvaccinated staff with no symptoms	Need to quarantine for 5 days regardless of symptoms**	Rapid antigen test on Day 5, if negative return to work on Day 6 wearing a mask.

- * Regardless of boosted status. This is CALOSHA guidance and may change shortly. We strongly urge all staff to get a booster vaccination.
- ** Individuals who have been infected with the COVID-19 virus in the last 90 days are not required to quarantine if exposed to a new case.

Staff with symptoms of COVID-19 or a positive COVID-19 test		
ANY staff member with symptoms of COVID-19 (vaccinated <u>or</u> unvaccinated) or a positive test	Isolate at home for 5 days from onset of symptoms, or date of positive test if no symptoms.	On Day 5, take a home antigen test. If test is negative and symptoms have resolved, return to work on Day 6 and wear a mask.

ACHCH recommendations on booster vaccines:

ACHCH recommends that all shelter staff eligible receive a COVID-19 booster vaccine as soon as they are eligible. Booster shots have been shown to reduce the risk of infection and severe disease in individuals exposed to the COVID-19 virus.

Who is eligible for a booster vaccine?

Vaccine brand	Primary Series	Booster eligibility
mRNA vaccine: Moderna or Pfizer	2 shots one month apart	5 months after the second dose in primary series
Johnson & Johnson (Jassen) vaccine	1 shot	2 months after primary series