

Low and No-Cost Transportation Options in Alameda County

Rides for Health Care Appointments

Most medical clinics have options for transportation to and from health care appointments:

- To get a ride to an appointment, ask your doctor or clinic (one week in advance) to arrange it for you.
- You may be eligible for a taxi ride, taxi vouchers, bus tickets, or to get paid back for miles that you or a friend drive to a health care appointment.

TIP: You must have a phone for taxi rides so that your clinic and the taxi company can contact you.

TIP: You are allowed to bring a friend, caretaker, or a pet with you in some cases.

Public Transportation

AC Transit Regional Transit Connect (RTC) Discount Card Program:

- You can get a 50% discount on bus tickets, bus passes, and BART fares if you are a senior needing an attendant, a minor, or if you have a qualifying physical or mental disability.
- Apply at any AC Transit Office with your Medi-Care card, VA card, or DMV disabled placard.

TIP: If you don't have a Medi-Care card, VA card, or DMV disabled placard, pick up a Medical Certification form at any AC Transit Office and bring it to your doctor.

Paratransit

Seniors and people with disabilities who can't access regular public transportation can pay for door-to-door rides for \$4.00 each way.

- To use Paratransit, work with your doctor or clinic to fill out an application and arrange an eligibility interview.

TIP: Rides are shared with other passengers and may make multiple stops.

TIP: You must purchase vouchers in advance at AC Transit offices, as drivers do not accept cash.

City Programs for Seniors

For a comprehensive list of free shuttles for seniors and other residents go online to [accessalameda.org](https://www.accessalameda.org).

Bike Share and E-Scooter Discounts

Most bike Share and E-Scooter companies in the Bay Area offer up to a 95% discount for low-income residents:

- Lyft Bike Share for All: Go to Oakland Public Library, Information Desk, 125 14th Street; Mon-Thu, 10am-8pm. Bring an ID, proof of CalFresh eligibility, and \$5 cash.
- Lyft E-Scooter Community Pass: Apply online at <https://www.lyft.com/scooters/oakland-ca/community>; \$5 per month, unlimited rides. Clipper card compatible.

TIP: See other E-Scooter company websites to learn about and apply for their low-income discount programs.



Clipper Card Discount

Information on how to apply for a discount Clipper Card:

<https://careconnect.elemenohhealth.com/#/resource/QR94730e591c21254689c4?source=navbar>

Transportation Assistance – CalWorks

https://www.alamedasocialservices.org/public/services/employment_and_training/supportive_services/transportation.cfm

Mobility 4 All

Offers free ride share and AC transit passes for no-to-low-income, transportation insecure residents of East Oakland:

<https://www.eastoaklandcollective.com/mobility4all.html>